

## **Curriculum Vitae**

**David Roberts**  
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### **Education**

MSW, SUNY Albany, 2002  
Concentration: Direct Practice Social Work

B.A. Psychology, Utica University, 1977

### **Experience**

Part -Time Therapist- November 15,2015-December 30,2021  
Sacred Heart Healing Center,8234 Turin Rd, Suite #2 Rome, N.Y.13440  
Description of Duties: Individual Therapy with two clients, case notes and development of individualized treatment plans.

Adjunct Faculty- 2013-present  
Pratt MWP,310 Genesee St., Utica, New York  
Course(s): General Psychology, Mind, Body and Thought , Personality, Self, Identity, Who Am I Really?

Adjunct Lecturer, 2003 – 2006, Adjunct Instructor, 2006- 2008, Adjunct Professor- 2009-present  
Utica University, 1600 Burrstone Rd, Utica, New York 13502  
Courses: Principles of Behavior Change, Counseling and Interviewing Skills, Abnormal Psychology, Group Dynamics, Topics in Psychology: Parental Bereavement, Death, Dying and Bereavement, Addictions Counseling, Alcoholism, Chemical Dependency and Mental Illness; Aging and Mental Health , Impact of Addiction on Children and Families ,Care of the Human Spirit

Adjunct Instructor, 2004-2010  
Mohawk Valley Community College, 1101 Sherman Drive, Utica, New York 13501  
Courses: Introduction to Chemical Dependency, Introduction to Human Services, Introduction to Group Counseling Skills.

Addictions Counselor/Clinical Supervisor May 8,1986- July 11,2012(retired) McPike ATC, 1213 Court St. Utica, New York 13502  
Description of Duties: clinical supervision of counseling staff and student interns, perform case management duties, member of facility's management team, provide training to staff on violence intervention and prevention.

## Licenses and Credentials

Licensed Master Social Worker (LMSW), State of New York, 2003-present.

## Awards and Honors

- Certificate of Recognition, Utica University Psychology- Child Life Society: Awarded May 7, 2006.
- Nominated for Adjunct Faculty Award on March 29,2017.
- Certificate of Appreciation from Utica Women’s Soccer Team in recognition of outstanding commitment and work ethic towards student athletes on October 19,2017.
- Certificate of Faculty Appreciation from Utica University Women’s Basketball Team in recognition of outstanding contributions to the life of a student- athlete on November 16, 2022 ,November 12,2019, November,15,2017 and December 3,2014
- Recipient of Adjunct Faculty Award, May 1,2018.
- Bio and Body of Work Featured on The International Forum for Well Being in Pregnancy on May 20,2018.
- Certificate of Teaching Excellence from Utica University Chapter of the National Society of Leadership and Success, December 8,2019.
- Appointed faculty advisor for Kappa Delta Phi sorority, April 18,2021
- Appointed to Tribute Board of Directors, New York State Funeral Directors Association, August 23,2021. Appointed to Scholarship subcommittee on June 19, 2023.
- Served on the Institute Advisory Council, Institute for the Study of Integrative Healthcare, Utica University ,from September 24, 2021- March 23, 2023.
- With Mary Siniscarco, M.S. Associate Professor of Health Studies, rolled out the Utica Unified Initiative, April 13, 2023.
- Was asked to provide a pre-publication review of the recently released book: *Winning : A Story of Grief and Renewal* by Harriet Hodgson. The review was featured in the book which was published on September 19,2023.

## Invited Talks

- Presented: “Grief and Loss Issues Involving the Death of a Child” for the Greater Upstate New York Chapter of the Association of Death and Education Counseling in Liverpool, New York during January of 2008.
- Presented: “The Bereaved Parent: Issues Involving Surviving Grandchildren.” at the national conference of the Compassionate Friends in 2008, 2009, 2010, 2011, 2012 and 2013.

- **Invited Talks (Cont'd)**

- Presented: “The Bereaved Parent: Five Years Later at the national Bereaved Parents of the USA gatherings in 2009, 2011,2015. Presented the same workshop at the national conference of the Compassionate Friends in 2010, 2011,2012, and 2013.
- Presented: “Teachings of Animals and Nature in Grief” at the national conference of The Compassionate Friends in Dallas Texas, July 2015.
- Opening keynote speaker at the national gathering of The Bereaved Parents of the USA in Reston, VA, in 2011. The topic was “The Evolution of Grief.”
- Keynote speaker in July of 2015 at the national gathering of The Bereaved Parents of the USA in Hartford, Connecticut. Topic was:” Wallowing Through the Muck: Finding Joy and Meaning After Loss.”
- Presentation with Dr. Steven Specht, Ph.D., Department of Psychology, titled “The Relationship Between Grief and Nostalgia: A Preliminary Investigation with Older Adults”, Faculty Research Day, Utica University, Utica, New York 10/26/16.
- Appeared on the BBC podcast *World Have Your Say*, as part of a panel discussing the death of Carrie Fisher 12/28/16.
- Presented a paper titled: “The Quest for Wholeness: Embracing the Duality of Energy” at the Southern Humanities Conference in Louisville, KY.1/27/17-1/29/17.
- Read an original work” Birds in the Rain “at the evening plenary session of The Southern Humanities Council Conference, Louisville, KY, on 1/27/17.
- Presented: “Journey of Self-Discovery: Empowerment in Grief “with Kris Munsch, Fort Hayes State University at the Navigating Through Grief: Help, Hope and Healing conference, Utica, New York on 6/9/17.
- Appeared on an Australian internet television show AM Healing My Soul, to discuss *Loss of a Child and Grief from a Male Perspective* 10/27/17.
- Presented a paper titled: “Life Is Illusion Posing as Truth: What Dreams, Memory and The Human Experience Reveal to Us About Us” at the Southern Humanities Conference in Savannah, GA 2/1/18-2/4/18.
- Read an original work” The Timelessness of Revelation “at the evening plenary session of The Southern Humanities Council Conference, Savannah, GA 2/1/18.
- Participated in Town Hall Question and Answer with Bereavement Experts at *A Day of Hope and Healing*, Coral Springs Florida on May 20,2018. The town hall was designed for members the Parkland, Florida Community and students and faculty of Stoneman Douglas High School in the aftermath of their school shooting on February 14,2018.
- Presented “Supporting Faculty After Traumatic Loss “as part of the Day of *Hope and Healing* conference with Kris Munsch, Fort Hays State University.
- Interview with Heather Stang of Mindfulness and Grief training Institute, “A Father’s Grief Journey, Embracing Love, Loss, Shadow and Light. 12/13/18.

- **Invited Talks (Cont'd)**

- Interview with Lynda Fell of the International Grief Institute, “Reincarnation and Grief”, 1/7/19.
- Presented a paper titled: “Developing capabilities on the Healing Road” at the Southern Humanities Conference in Asheville, NC 1/24/19-1/27/19.
- Read an original work” Reaching the Summit in Our Grief Journeys: Teachings from Bald Mountain” at the evening plenary session of The Southern Humanities Council Conference, Asheville, NC. 1/24/19-1/27/19
- Interview with Heather Stang of Mindfulness and Grief Training Institute, “Pet Loss and Grief 4/4/19.
- Interview with Lynda Fell of the International Grief Institute for Moments of Hope podcast: “Pet Loss: How to Mourn the Loss of a Best Friend” 6/3/19.
- Keynote speech and educational presentation titled “Learning to Fly After Catastrophic Loss” for The Tom Coughlin Jay Fund Foundation, Ponte Vedra, Fla. 6/29/19-6/30/19.
- Interview with Lynda Fell of the International Grief Institute, “Day of the Dead: Why Americans Fear It.” 10/21/19.
- Interview with Heather Stang of Mindfulness and Grief training Institute, “Overdose Loss and Grief”. 2/26/20.
- Interview with Kim Justus for the Recovery Now Internet Radio Program, “Grief, Addiction and Healing” 5/20/20.
- Interview with Heather Stang of Mindfulness and Grief Training Institute, “Surviving the Death of Our Beloved Cats and Dogs. “ 6/2/20.
- Interview with Jenny Dilts, Grieving Coach, for the podcast Share Your Story. 1/29/21.
- Interview with Angela Kennecke, “Stigmatized Death, Signs and Working Through Grief” for the podcast series Grieving Out Loud, May 23,2021
- Interview with Emmy Vadnais, “Spirituality and Psychology” for the Healing Connections podcast, June 9,2021
- Interview with Henry -Cameron Allen, “On Psychology and Spirituality” for the podcast The Lost Traveler Club, June 17,2021.
- Interview with Heather Stang, “Signs From Beyond: A Father’s Journey Towards Peace” for the Mindfulness and Grief podcast, June 30,2021.
- Interview with April Hannah, “When The Psychology Professor Met The Minister” for the Path 11 TV podcast, July 5,2021.
- Virtual Presentation for Helping Fathers Heal - Men’s Support Group, “From Early to Later Grief” August 18,2021.
- Interview with Ben Acquaah and Jermaine Omoregie, “You’re More Than a Bereaved Parent” for the Thinking Out Loud on Grief and Mental Health podcast, September 8, 2021.
- Interview with Heidi Horsley and Gloria Horsley, “ One Man’s Spiritual Transformation” for Open to Hope podcast, September 9, 2021.
- Interview with Emmy Vadnais, “Staying Positive in Troubled Times” for the Healing Connections podcast, October 1, 2021.
- Presented “Three Principles I Learned After The Death of My Daughter,” Thriving Thru Troubled Waters Online Summit, October 28, 2021.

## Invited Talks(Cont'd)

- Interview with Anne Debutte, “Turning a Father’s Pain Into Perspective and Purpose,” for the Let’s Talk About Grief podcast, November 8,2021
- Interview with Emmy Vadnais, “Addiction and Spirituality,” for the Healing Connections podcast, November 12,2021.
- Interview with Anne Debutte, ”When Science and Spirituality Come Together, A New Perspective of Death and Grief is Born,” for the Let’s Talk About Grief podcast, December,9,2021.
- Interview with Sherrie Dunlevy, “Grief and our spiritual connection to animals,” for the Graduating Grief podcast, January 25,2022.
- Presented “Expansion of Belief Systems Through The Integration of Psychology and Spirituality,” Awakened Campus Summit, Spirituality Mind Body Institute at Teachers College , Columbia University, April 1,2022.
- Invited by Robert Miller, Ph.D. University at Albany to be on a panel discussing “The Spirituality of Fatherhood”, for his Spirituality and Social Work Practice class, April 12,2022.
- Interview with Martie McNab “ Linking Objects and Their Connection to Deceased Loved Ones, for her Things That Matter podcast, April 28,2022.
- Presented “Pieces of Me: A Tool to Integrate Grief and Transform The Relationships With Our Deceased Loved Ones,” Virtual Global Grief Conference, sponsored by Memories of Us , April 29,2022.
- Presented: “Wallowing Through The Muck: Discovering Joy and Meaning After Catastrophic Loss,” Virtual Global Grief Conference, sponsored by Memories of Us , April 30,2022.
- Interview with Henry-Cameron Allen, “Psychology and Spirituality-Part 2,” for the Lost Traveler Podcast, June 23, 2022.
- Interview with Mario P. Fields, “Nothing Could Have Prepared me For This,” for the Unarmored Talk Podcast July 21, 2022.
- Presented: “What to Say and Not to Say to Grieving Families, “ New York State Funeral Directors Conference, Turning Stone Resort and Casino, August 22, 2022.
- Interview with Dr. Robyn Odegaard, “ What is Oversharing? How do you know when you are doing it? What do you do about it?” For the Quick Hits podcast, October 3, 2022.
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- Interview with Tony Lynch, “Evolution of Grief,” for the Memories R Us podcast, October 4,2022
- Interview with Tony Lynch, “Mental Health and Grief. “ Panel Discussion for the Grief...lets talk about it podcast, October 29,2022
- Presented “ Tools for Working Through Holiday Grief.” St Margaret’s Ecumenical and Retreat Center, New Hartford, New York.
- Interview with Tony Lynch, “Grieving During The Holidays.” Panel Discussion for the Grief...lets talk about it podcast, November 12, 2022
- Interview with Dr. Robyn Odegaard, “ How do you build a culture where people will discuss things but not get caught in Analysis Paralysis?” for the Quick Hits podcast, November 17, 2022.

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### **Invited Talks(Cont'd)**

- Interview with Jenny Dilts, "Finding Ways To Reconnect With Our Deceased Loved Ones," for the Share Your Story Podcast, December 2, 2022
- Interview with Martika Whyly, "When The Psychology Professor Met The Minister," for the Grieve With Ease podcast, December 8, 2022.
- Interview with Tony Lynch, "Effects of suicide and how to hold space for someone who is struggling." Panel Discussion for the Grief...lets talk about it podcast, January 7, 2023
- Interview with Dr. Robyn Odegaard, "Where is the line between embellishment and lying?" for the Quick Hits podcast, January 12, 2023.
- Interview with Dr. Robyn Odegaard, "When is venting productive and how do you tell when it becomes a negative spiral?" for the Quick Hits podcast, March 1, 2023.
- Interview with Tony Lynch, "Myths and realities of child loss." Panel discussion for the Grief...let's talk about it podcast, April 1, 2023.
- Interview with Dr. Robyn Odegaard, "How much and in what way do you think how someone looks affects their success?" for the Quick Hits podcast, April 11, 2023.
- Was invited to present "Addiction and Spirituality" to Dr. Cicily Talerico's OTR 552 class, April 13, 2023 .
- Presented three grief related workshops at the online Global Grief Conference . April 28-April 30,2023.
- Interview with Kathy Gleason, "Continued bonds with our loved ones." For the As I live and Grieve podcast, June 6,2023.
- Interview with Tony Lynch , "Generational Trauma." Panel discussion for the Grief Let's Talk About It Podcast. June 24,2023.
- Interview with Billie Groom, "Cognitive Behavioral Therapy: Comparing Canines and Humans." For the Upward Dogology podcast, June 27,2023
- Interview with Robyn Odegaard, "Is it important to have friends at work?" Panel discussion for the Quick Hits podcast, July 21, 2023
- Interview with Dr. Robyn Odegaard, "What if you don't have friends at work?" for the Quick Hits podcast, August 5, 2023.
- Interview with Emily Thiroux Threatt, "Allow life to happen, find joy and let yourself be happy again," for the Grief and Happiness podcast, October 24, 2023
- Guest speaker for the online summit, Awaken Your Soul's Journey: Finding Meaning After Loss, with Angela Clement, November 7, 2023
- Interview with Tina Ginn, "Sharing tips for christmas grief relief", for the Your Backup Plan podcast, December 22,2023

## Books and Publications

- “Grandparenting Through Grief”, Fall 2007 issue of *Living with Loss Magazine*, Volume 22 No.3.
- “The Meaning of Community”, Fall 2007 issue of “*Common Threads*”, a publication of the Greater Upstate New York Chapter of the Association for Death and Education Counseling.
- “Grief, Loss and Chemical Dependency,” *Living with Loss Magazine*, Fall 2008, Vol.23, No.3.
- Roberts, David J. and Linda B. Findlay, *Mourning Discoveries: A guide to help families navigate through grief towards healing.....During the Holidays*, Mourning Discoveries, 2009.
- Findlay Linda B. and David J. Roberts, *Mourning Discoveries: A guide to help families navigate through grief towards healing.....The Loss of a Pet*, Mourning Discoveries, 2009.
- “A Double- Edged Sword”, Summer 2009 issue of *The Compassionate Friends: We Need Not Walk Alone*. Vol 32, No 2.
- “The Challenges of Grief Work with Chemically Dependent Clients” *Recovering the Self*. July 2010, Vol II, No.3.
- Contributing writer for *The Open to Hope Foundation* since September 14, 2009.
- “David Roberts on Loss, Grief and Healing” (Interview) *Recovering the Self*. October 2010, Vol II, No.4.
- “Do I Have to Like Everybody?” *Recovering the Self*. January 2011, Vol. III, No.1.
- “Parenting Through Adversity” *Recovering the Self*.” *October 2011*, Vol III, No.4.
- Co-authored paper with Dr. Steven Specht Ph.D., Department of Psychology, for Eastern Psychological Association conference (2017) titled “The Relationship Between Grief and Nostalgia in Bereft Adults.”
- “An Undeniable Thread of Connection.” *Recovering the Self*. April 2017, Vol VI, No.1.
- *Utica Phoenix (Utica, New York)* Columnist on grief, loss, and addiction from 4/1/17- 8/1/19.
- *Huffington Post (New York)* blogger/ contributor ,8/22/14- 1/18/18(Contributor site closed by Huffington Post) Published 30 articles on topics related to grief loss and addiction.
- Author at Medium.com. Have contributed articles to several publications since January 22,2018
- “The Healing Power of Karma After Loss.” *Mindfulness and Grief Training Institute Blog*, December 7,2018.
- “Reflections About Life and Loss After a Visit to My Childhood Neighborhood.” *Thrive Global*, January 14,2019.
- Sometimes the Smallest Things Take Up the Most Room in Our Hearts.” *Mindfulness and Grief Training Institute Blog*, May 22,2019.
- “After Loss, Love Has the Grace to Save Us.” *Thrive Global*, July 15,2019
- Co-author with Reverend Patty Furino of the book *When The Psychology Professor Met The Minister*, KDP Publishing, March 1, 2021
- “When Shadows Cross My Heart.” *Thrive Global*, May 17, 2021
- “Forging a Path to Forgiveness.” *Mindfulness and Grief*, July 14, 2021

**Skills and Qualifications**

- Certified Violence Intervention and Prevention (VIP) Trainer, NYS Office of Alcoholism and Substance Abuse Services 2003- 2012.
- Completed volunteer training for Hospice and Palliative Care, Inc. during November of 2007.

**Professional Memberships**

National Association for Social Workers, February 28,2015- present.